**Reflective diary template**   
*(when using as an evaluative tool, must tell students. e.g. we’ll be making word clouds out of your responses, we’ll use your answers to help evaluate the impact of each session)*

After today’s session I feel…

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Here is what I found though-provoking and why…

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Here’s what I found more challenging and why…

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Something I’ll take forward from today’s session is…

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