



## HUB NEWSLETTER

16 May 2023

Hi there,

Welcome to our latest newsletter. This half term we are planning a lot of support on the UCAS process and sharing resources on supporting student wellbeing. Read on to find out more and register your interest.

If you have any questions about the work we do please get in touch via [aspirehigher@beds.ac.uk](mailto:aspirehigher@beds.ac.uk)

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### Staff CPD Webinars

A purple and pink poster for a webinar titled "Labour Market Information Trends". At the top, it reads "ASPIRE HIGHER AND STUDY HIGHER WEBINAR SERIES FOR TEACHERS AND ADVISERS". The main title "Labour Market Information Trends" is in large white font. Below the title are three circular icons with checkmarks, each containing text: "Support your Careers Week activities and find out about the latest trends and changes in the labour market.", "Updates and insight into growth areas in careers for your students", and "Presentations and a panel Q&amp;A from SEMLEP, Herts LEP and OxLEP". At the bottom, it specifies "WEDNESDAY 17 MAY" and "3.45-4.45pm". Logos for Hertfordshire Local Enterprise Partnership, OxLEP, SEMLEP, STUDY HIGHER, Aspire, and Ofs Uni Connect Programme are displayed at the bottom.

### Labour Market Information Update

**Wednesday 17 May**

**15:45 - 16:45**

Do you give advice or guidance to students about careers? Join professionals from Herts LEP, SEMLEP and OxLEP for updates and insight into growth areas in the job market for you to pass on to your students.

Sign-up

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# UCAS

## What you need to know about UCAS

**Wednesday 28 June**

**3:45 - 4:45 pm**

Join us for this **free** session with a UCAS representative to get the most recent news regarding Uni applications.

- Support your students applying to university and ask any questions to UCAS Representative.
- Updated information, key dates and how to apply.
- Information and advice about UCAS Hub

Sign-up

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## Parent & Carer Support

**University Applications - everything parents and carers need to know**

**Thursday 23 May**

**18:00 - 19:00**

Share this **free** webinar which will help parents and carers find out all they need to know about university applications to support their young person.

**The session covers:**

- UCAS
- Key dates
- How to apply
- UCAS Hub
- How to support those applying

Register Interest



## Preparing for Results Day

Tuesday 25 July

17:30 - 18:30

Share this **free** webinar with students to help them prepare for results day.

**Topics covered include:**

- What to expect on results day
- What you can do ahead of the day to prepare
- What to do if you don't get the results you expected
- How does clearing work and how do you apply?

Register Interest

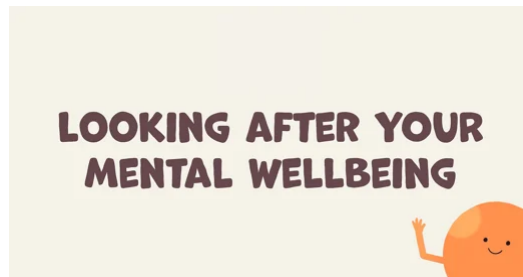


## Wellbeing E-Learning Module

This year's Mental Health Awareness Week is from 15 to 21 May, on the theme of 'anxiety'.

To help your students deal with anxiety and stresses that come with exam season we have a free to access e-learning module!

Access the module for short 20 min activities and a guided mindfulness session all based on the 5 NHS steps to wellbeing.



[View module](#)

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[View video](#)

## Why Autism is a Difference not a Deficit

A great resource for staff and students to increase their understanding!

From Autistic Young Experts, this brand new education video explains Why Autism is a Difference not a Deficit.

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## Year 12 starting their personal statements?

Check out our e-learning module 'Prep-it and Write' which guides students through the whole personal statement process from start to finish!

The module includes helpful worksheets which can be used individually or as part of a classroom session.

[View module](#)

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## What is Uni Connect?

Find out more about the Uni Connect project in this podcast featuring Hannah Merry from Higher Horizons.



[Listen here](#)

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Aspire Higher, University of Bedfordshire, Pollhill Avenue, Bedford, Bedfordshire MK41 9EA,  
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