



## HUB NEWSLETTER

03 December 2021

PLEASE FORWARD TO COLLEAGUES IN YOUR SCHOOL WHO WILL BE INTERESTED.



Hi there,

The end is in sight and the term is nearly coming to a close! We'd like to take this opportunity to thank you for your continued support and for continuing to read our newsletter and promoting Aspire Higher to your students. This last newsletter gives details of some upcoming events for you to keep in mind for 2022.

The Aspire Higher Team will be out of the office for the Christmas break from the end of Friday 17th December 2021 and we will return to work on Tuesday 4th January 2022. We all hope you have a Merry Christmas, a Happy New Year and have a well-earned rest over the break. Best wishes and see you all in 2022.

The Aspire Higher Team



### Save the Date Adult Learners in HE Event

Date: 23rd February 2022

For: 19+

An online event designed specifically with the needs of adult learners in mind. Whether you are ready to apply or just thinking about getting back into education and retraining this event will have the information you need, with the chance to hear from current adult learners at university and get your questions answered.

More information coming in the New Year.



### Personal Statement e-Learning Module

Date: On demand

For: Year 12/13

Visit: [aspire-higher.co.uk/e-learning/](https://aspire-higher.co.uk/e-learning/)

The UCAS deadline is looming and whilst you may already have this covered within your school/college offering we have developed this fantastic free resource for students to help them write a full first draft.

This tool is always available and UCAS do accept later applications in the year. So if any students decide they want to apply to HE the e-learning module will be there to help them throughout the year.

### Towards Moves

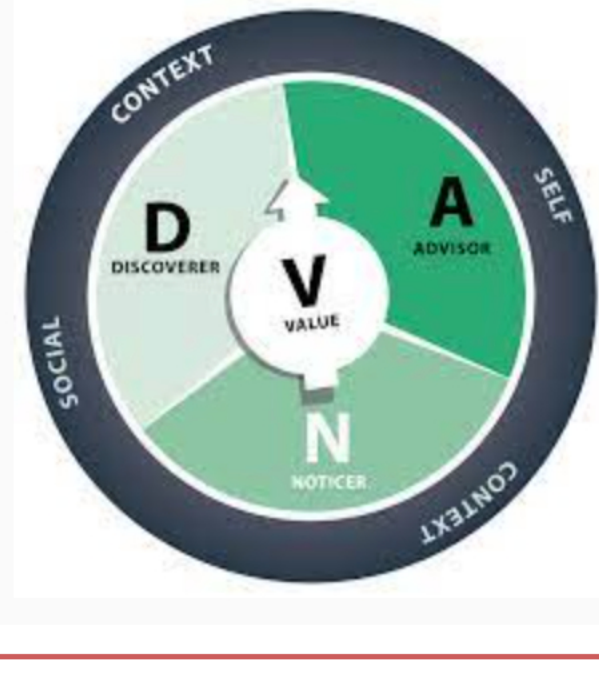
Date: on demand

For: Anyone in school who works with students

Towards Moves is an innovative approach to helping students manage their thoughts and behaviours. Based on Acceptance and Commitment Therapy, the DNA-V technique has been created with teens in mind and for use by everyone who works with young people - you don't need to be a mental health specialist to put this in place.

We can offer you a chance to learn this approach through our e-learning programme at your own pace through video explanations, examples and practise exercises.

For more information or to register for the e-learning, please contact [deborah.patton@northampton.ac.uk](mailto:deborah.patton@northampton.ac.uk)



### Wednesday Webinars

For Parents & Carers

We are happy to continue our exciting programme of Wednesday Webinars for parents and carers across Bedfordshire, Hertfordshire and Northamptonshire.

To sign up please register at: <https://bit.ly/3ADdNBT>

Or use the below QR code:



Date	Topic
5th January 2022	Student Finance
2nd February 2022	Apprenticeships
2nd March 2022	The Pay Index
6th April 2022	Year 13 - Support with the next steps
4th May 2022	Year 11 - What's next?

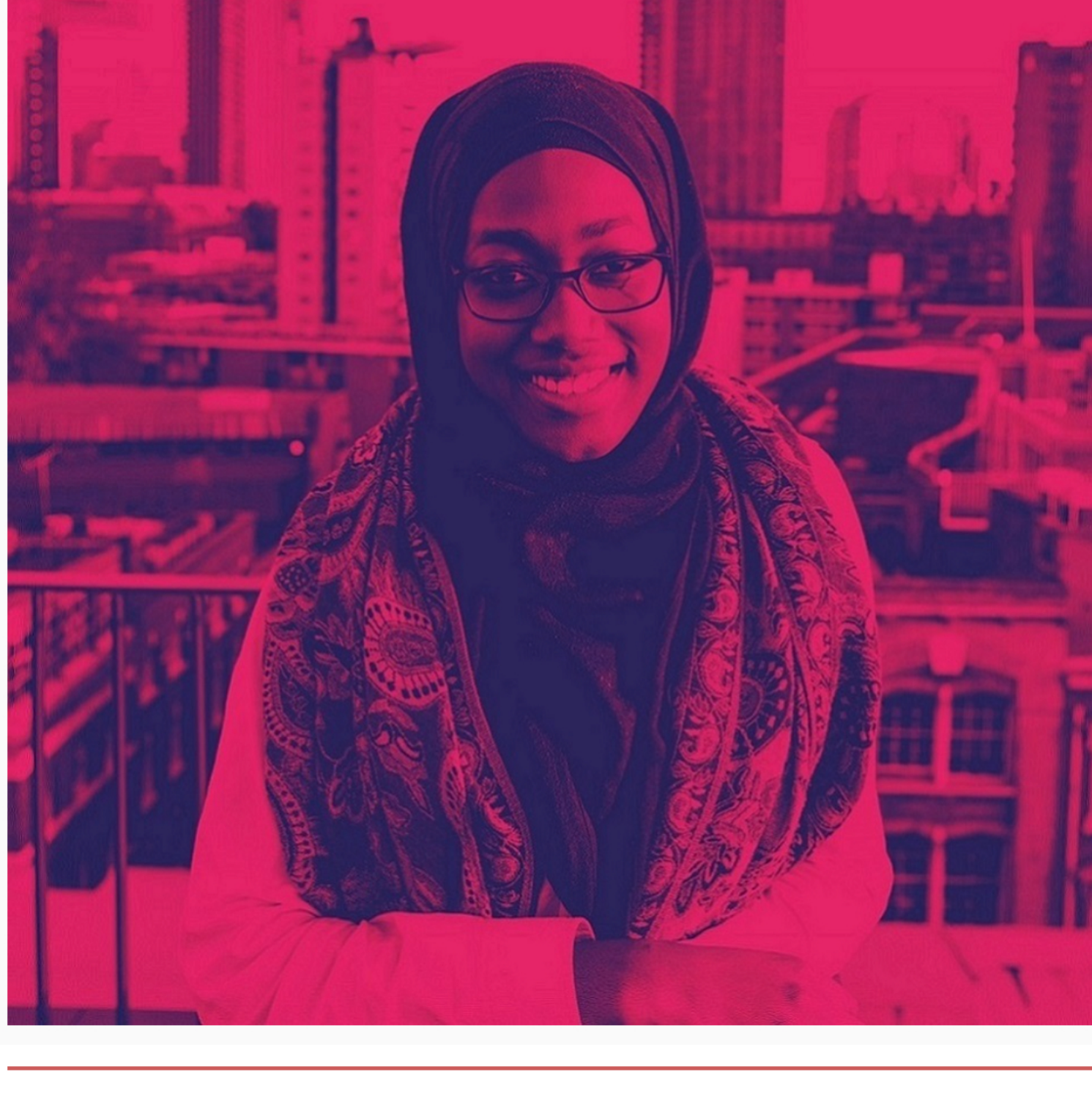
### Social Mobility Foundation- Free 2022 Programmes for Year 12 Students

Date: Deadline 12 noon, Friday 10th December 2021.

For: Y12

To apply: [www.socialmobility.org.uk/programmes](https://www.socialmobility.org.uk/programmes)

The Social Mobility Foundation (SMF) supports ambitious young people from low-income backgrounds to access top universities and careers. They run programmes which are completely free of charge programmes and feature mentoring, internships with top companies, university application support, and professional development and skills workshops for high achieving young people across the UK.



### The Aspire Higher

#### Website is Here for You

For: Staff, students and parents

Visit: [aspire-higher.co.uk](https://aspire-higher.co.uk)

Don't forget the Aspire Higher website is full of resources, animations, employer videos, campus tours, events and much more!

A member of the team is always available between the hours of 9:00 and 4:00 to answer visitor questions via the chat facility.



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